

## Bell Racing Sizing Instructions

### Measurement



Proper helmet fit is a vital component to the performance of a helmet during an impact. In order for the helmet to perform properly during an impact, it must stay securely on the head.

Measuring the head is a starting point for the entire sizing procedure. Due to varying shapes, heads that are apparently the same size when measured by a tape may not necessarily fit the same size helmet.

A small metal tape measure, or a cloth tape may be used to make your initial measurement. Alternatively, a string can be used which can then be laid against a measuring tape.

The circumference of the head should be measured at a point approximately one inch above the eyebrows in front, and at a point in the back of the head that results in the largest possible measurement. Take several measurements, to make sure you have the largest one.

HELMET SIZING CHART			
INCHES	SIZE		METRIC (cm)
21-1/4	6-3/4	<i>XX-Small</i>	54
21-5/8	6-7/8		55
22	7	<i>X-Small</i>	56
22-3/8	7-1/8	<i>Small</i>	57
22-3/4	7-1/4		58
23-1/8	7-3/8	<i>Medium</i>	59
23-1/2	7-1/2	<i>Large</i>	60
23-7/8	7-5/8		61
24-1/4	7-3/4	<i>X-Large</i>	62
25-1/8	8	<i>M3 Xtra</i>	64
25-1/2			65
25-7/8	8-1/4	<i>M3 Xtra</i>	66
26-1/4			67
26-3/8	8 1/2	<i>M3 Xtra</i>	68

Bell's exclusive Tru-Fit™ system provides customers with the same performance proven features and tailor made fit incorporated in helmets designed for the world's best drivers. Our full-dimension liner and plush, open-cell foam padding combine to deliver a custom made fit right out of the box.